

EMERGENCY HEALTH CARE PLAN

ALLERGY TO: _____

Child's Name: _____ DOB: _____

Child Care Provider _____

History of Asthma Yes (high risk for severe reaction) No

Signs of an allergic reaction include:

Systems

Symptoms

MOUTH

Itching & swelling of lips, tongue, or mouth

***THROAT**

Itching and/or a sense of tightness in the throat, hoarseness, and hacking cough

SKIN

Hives, itchy rash, and/or swelling about the face or extremities

GUT

Nausea, abdominal cramps, vomiting and/or diarrhea

***LUNG**

Shortness of breath, repetitive coughing, and/or wheezing

***HEART**

Weak, irregular pulse, "passing-out"

The severity of symptoms can quickly change.

***All of the symptoms listed above can potentially progress to a life-threatening situation.**

ACTION:

If ingestion or insect sting is seen or suspected:

(Prescriber should number in order all appropriate actions)

- _____ Observe child for severe symptoms
- _____ Administer EpiPen® or Auvi-Q® before symptoms occur
- _____ Administer EpiPen® or Auvi-Q® if symptoms occur
- _____ Administer Benadryl® (dose) _____ or Atarax® (dose) _____
- _____ Call 911 (and request a paramedic) and transport to ER if symptoms occur
- _____ Call 911 (and request a paramedic) and transport to ER if EpiPen® or Auvi-Q given

Nearest hospital: _____

**DO NOT HESITATE TO ADMINISTER MEDICATION OR CALL 911
EVEN IF PARENTS OR PRESCRIBER CANNOT BE REACHED**

Parent Signature _____ Date _____ Prescriber Signature MD/APRN/PA _____ Date _____

Address _____ Phone _____

EMERGENCY CONTACTS	TRAINED STAFF MEMBERS
1. _____ Relation: _____ Phone _____	1. _____ Room _____
2. _____ Relation: _____ Phone _____	2. _____ Room _____
3. _____ Relation: _____ Phone _____	3. _____ Room _____
4. _____ Relation: _____ Phone _____	4. _____ Room _____

For children with multiple allergies, use one form for each allergen